



Australian Association for
Infant Mental Health

AAIMH NSW invites you to join us for our August 2023 webinar

Using Genograms Therapeutically with Mother-Infant Dyads Presented by Lauren Keegan

Date: Wednesday 23rd August 2023
Time: 7:00 pm - 8:30 pm AEST
Venue: Online via Zoom. A link will be sent to you prior to the webinar
Cost: AAIMH members - \$10
Non-members - \$15

Register online at <https://www.trybooking.com/CKCRX>
Join AAIMH membership at <https://www.aaimh.org.au/>

If you have registered for the seminar, but are unable to attend on the day, we will send you a link to a recording of the event.

About the webinar

You will learn how to effectively use genograms with perinatal clients to identify intergenerational trauma and attachment patterns.

Trauma research has provided an incredible amount of data on how much of our current suffering in life is transferred epigenetically through the generations. The way we currently perceive the world and our experiences are filtered through the 'lens' of the generations that came before us at a biological, psychological, emotional and social level.

This webinar is designed to be practical, with lots of examples of genogram questions that you can use in your practice. You will be guided step by step through a perinatal case study to demonstrate how a genogram can not only inform your case formulation but your therapy, too.

In this workshop, you will learn:

- What is a genogram?
- How a genogram can be used in trauma-informed practice
- How to create a genogram with a client
- How to construct a genogram
- How to use a genogram in formulation (with the biopsychosocial model)
- Specific questions to ask through the use of a case study

About the presenter

Lauren Keegan is a perinatal psychologist with extensive experience in perinatal and infant mental health. She has worked with perinatal clients and their families for more than a decade and uses genograms as a way to support clients to understand their current struggles in the context of their history.