



Australian Association for  
Infant Mental Health Inc.

## **ATTACHMENT AND BIO-BEHAVIOURAL CATCHUP (ABC) INTERVENTION TRAINING**

**DATE:** Thursday 27<sup>th</sup> & Friday 28<sup>th</sup> March 2019  
**TIME:** 9.00AM-5.00PM  
**VENUE :** Lion Hotel, Tower Room 161 Melbourne  
Street, North Adelaide



**Attachment &  
Biobehavioral  
Catch-up**

### **ABOUT ABC INTERVENTION**

ABC Intervention was developed by  
Mary Dozier at University of  
Delaware, USA. Through

randomised clinical trials, ABC has been shown to be an effective home visiting program for infants and toddlers (6-24 months of age) living with their birth, foster or adoptive parents. The program is endorsed by key organisations in the US, e.g. The California Evidence-Based Clearing House for Child Welfare. EIRD (The Early Intervention Research Directorate) in South Australia recognises ABC as an Evidence Based Intervention in working with high risk infants and vulnerable families. Findings from the clinical trials have shown that ABC enhances attachment security, normalises the production of cortisol, and improves language abilities, impulse control and other skills important to school readiness

ABC is a 10 week home visiting intervention for birth, foster or adoptive parents of infants between 6-24 months of age to help parents nurture their distressed child, to follow their child's lead in play, and to avoid frightening their child.

## **THE TRAINING**

**INITIAL TRAINING** in ABC takes place in-person and lasts for 2 days. This initial training includes theoretical and practical orientation to the intervention, practice with "In the Moment" commenting and coding, review of session content, consultation concerning site-specific implementation, and planning for the supervision year.

**SUPERVISION:** Ongoing Supervision is the primary source of the training.

Supervision is conducted via a web-based platform.

Trainees have 2 supervision meetings per week: General Clinical Supervision (1 hour, with a small group) and In the Moment Commenting Supervision (30 minutes, individual). The time commitment for session preparation, homevisit, and supervision is approximately 4 hours per case each week.

Parent coaches are asked to complete a minimum of 3 ABC cases throughout the course of the training year.

## **SCREENING PROCESS**

There is a screening process for parent coaches because there are aspects of the intervention that have found to be challenging for some parent coaches. A half-hour screening to predict which coaches are going to likely succeed with ABC will be done once registrations have been received. This will be done remotely through video conferencing with the trainers at University of Delaware. There are no prerequisite qualifications for parent coaches.

For more information about ABC Intervention go to

<http://www.abcintervention.org>

# TAX INVOICE/RECEIPT

ABN: 88625753522

Please fill out ONE registration PER PERSON attending (please print)

## REGISTRATIONS CLOSE FRIDAY 1<sup>st</sup> MARCH 2019

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Organisation \_\_\_\_\_

Address: \_\_\_\_\_

Tel No: \_\_\_\_\_ Email: \_\_\_\_\_

Special Dietary Requirements \_\_\_\_\_

### STRICTLY LIMITED TO 25 PLACES

AIMHI Member (By 8 <sup>th</sup> Feb 2019)	AIMHI Member (By 8 <sup>th</sup> Feb 2019)	Non AIMHI Member	Non AIMHI Member
<input type="checkbox"/> Discounted rate if paid in full by 8 <sup>th</sup> February 2019	\$8,000 (Including \$727.27 GST)	<input type="checkbox"/> Discounted Rate if paid in full by 8 <sup>th</sup> February 2019	\$8,400 (including \$763.64 GST)
<input type="checkbox"/> Full Registration  Payments made in 3 instalments (Total cost \$8400)	\$2,800 per instalment (including \$254.55 GST)  Instalment 1 due by 8/2/19 Instalment 2 Due by 2/8/19 Instalment 3 due by 29/11/19	<input type="checkbox"/> Full Registration  Payments made in 3 instalments (Total cost \$9,000)	\$3000 per instalment (including \$272.73GST)  Instalment 1 due by 8/2/19 Instalment 2 due by 2/8/19 Instalment 3 due by 29/11/19

Enquiries re payment and/or registration Thomas Luke 0430 647 840 or [aaimhi@gmail.com](mailto:aaimhi@gmail.com)

Enquiries re training or the intervention: Sally Watson 0411 377 347 or [monte@ace.net.au](mailto:monte@ace.net.au)

TO BECOME AN AAIMHI MEMBER TO TAKE ADVANTAGE OF THE MEMBER RATE GO TO  
[WWW.AAIMHI.ORG](http://WWW.AAIMHI.ORG)

#### PAYMENT DETAILS (Please tick one)

- Cheque attached Payable to AAIMHI SA (Send with completed registration form)  
 Pay online at [www.dramatix.com.au](http://www.dramatix.com.au) (scroll down webpage until you find AAIMHI Logo)

Ensure that if paying via Dramatix that a copy of this form is sent to  
AAIMHI ABC Training PO Box 473 Glenside 5065

**No registrations will be processed until this form and deposit are received.**