



AAIMHI NSW Branch Seminar

Australian Association for
Infant Mental Health Inc.

Mothering from the inside out: A mentalization-based therapy for mothers in addiction treatment

Associate Professor Nancy Suchman, Yale University

PROFESSIONAL DEVELOPMENT WEBCAST OF MORNING SESSION

Wednesday 5 September 2018 at Rydges Hotel, North Sydney

About the presenter

Nancy Suchman PhD is a licensed Clinical Psychologist and Associate Professor of Psychology at Yale University School of Medicine, Department of Psychiatry and the Yale Child Study Centre. For over 20 years she has been developing and evaluating parenting interventions for mothers with substance use and psychiatric disorders who are caring for young children, funded by the National Institutes of Health. Her research is grounded in attachment-based approaches and informed by the unique neurobiological, psychological and social implications of addiction and mental illness for parenting. Dr Suchman is also a graduate of the Western New England Psychoanalytic Society's two-year training program in Psychodynamic Psychotherapy. She has conducted presentations and workshops in the United States and internationally in Canada, Finland, and South Africa.



About the podcast

Parents with substance abuse disorders and mental illness face unique challenges as parents that may not be addressed by parenting programs available in the community. *Mothering from the Inside Out (MIO)* is an evidence-based intervention for mothers with addiction and mental health problems. MIO is grounded in attachment theory and takes into account the unique neurobiological, psychological and sociocultural implications of addiction and mental illness for parenting young children.

Part 1: Mothering from the inside out: A mentalization-based therapy for mothers in addiction treatment - Theoretical Foundations. Duration: 1 hour, 5mins

Part 2: Mothering from the inside out: A mentalization-based therapy for mothers in addiction treatment - Clinical Foundations. Duration: 1 hour, 51 mins

Viewing fee AAIMHI members \$55 Non-members \$70

Password provides access to both parts

Registrations Online only, at [Nancy Suchman 2018](#) closing on 4 Sep 2019

Once payment is made, a link with log-in details will be sent

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