

Applied Mental Health Studies

Perinatal and Infant Specialisation

Postgraduate Courses

- › Graduate Certificate
- › Graduate Diploma
- › Masters



HETI
HEALTH EDUCATION &
TRAINING INSTITUTE

Applied Mental Health Studies

Perinatal and Infant Specialisation



LAUNCHING IN 2017

In 2017 the Health Education and Training Institute (HETI) is launching higher education with contemporary programs in mental health. These have been developed by the NSW Institute of Psychiatry as part of its transition to HETI as the mental health portfolio.

To enable this new direction HETI was formally accredited as a higher education provider by the Tertiary Education Quality and Standards Agency (TEQSA).

Nested within the program for Applied Mental Health Studies (Perinatal and Infant) are Graduate Certificate, Graduate Diploma and Masters level courses, giving students the option to exit with a recognised accredited award at a point appropriate to their needs.

Perinatal and Infant Mental Health

The perinatal and infant mental health specialisation will develop capacity to apply evidence-based knowledge and advanced skills to work with infants, parents and their families. Perinatal and infant mental health is an interdisciplinary field focused on parent wellbeing and the social, emotional and cognitive development of infants from birth to three years. It is a significant development period that shapes family functioning and a child's capacity for emotion regulation, learning and resilience throughout life.

The perinatal and infant specialisation takes a relationship focused approach to assessment, formulation and intervention that keeps diversity in mind. Learning experiences include work-integrated learning and in vivo observations of infant parent interaction supported by reflective practice and supervision.

Recovery-oriented philosophy

Underpinning the framework is a philosophy of recovery-oriented practice. Through supporting the recovery journeys of people with mental illness we aim to maximise hope, resilience, self-management and advocacy.

Learn in your time alongside professionals

Delivered through online learning, these courses offer students the opportunity to study at their own pace. Interprofessional collaboration via online forums encourages open discussions and regular communication. Faculty staff work alongside students, supporting them to manage their study and achieve their goals.

A life long learning experience

As students progress through the program they will experience interaction and co-reflection enabling them to develop values, expertise and experience. This invaluable learning experience will ensure that postgraduate students join a community of leading mental health specialists in contributing to a more dignified, compassionate and effective mental health care service.

Course Structure: Applied Mental Health Studies (Perinatal and Infant)

YEAR 1 GRADUATE CERTIFICATE

SEMESTER 1	Fundamentals of Recovery-Oriented Care	Professional Standards in Mental Health Care
SEMESTER 2	Promoting Recovery and Resilience in Perinatal and Infant Mental Health	Assessment and Formulation in Perinatal and Infant Mental Health

YEAR 2 GRADUATE DIPLOMA

SEMESTER 1	Innovation and Improvement in Mental Health Care	Therapeutic Perspectives Across the Lifespan
SEMESTER 2	Research Methods and Evaluation for Recovery-Oriented Mental Health Practice	Relationship Based Approaches to Intervention in Perinatal and Infant Mental Health

YEAR 3 MASTERS

SEMESTER 1	Leadership Practice in Mental Health	Research and Project Planning*
SEMESTER 2	Clinical Supervision Theory and Practice	Mental Health Capstone*

* Common to Applied Mental Health Studies and Psychiatric Medicine Frameworks

To find out more go to: www.heti.edu.au
Or call (02) 9840 3833



New South Wales Institute of Psychiatry is the leading specialist provider of psychiatric and mental health training for over 50 years. In 2017, the organisation will transition to HETI as the mental health portfolio.

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