LAYING THE PATH FOR LIFELONG WELLNESS

INFANT AND EARLY MENTAL HEALTH LECTURE SERIES 2022











Session 1 - Entering the Worlds of the Troubled Infant, Toddler and Their Parents Across Cultures

Dr. Campbell Paul, MB, BS, FRANZCP, Cert Child Adol Psychiatry, Consultant Infant Psychiatrist, Royal Children's Hospital and the University of Melbourne, Victoria, Australia

Dr. Kaija Puura, MScD, Docent of Child Psychiatry, Professor of Child Psychiatry, Tampere University, Finland

Dr. Chaya Kulkarni, MEd, EdD, Director, Infant and Early Mental Health Promotion (IEMHP), the Hospital for Sick Children, Toronto, Canada

Session 2 - Navigating Equitable Care for Infant Mental Health Within and Across Borders

Dr. Hisako Watanabe, MD, PhD, Vice president, Life Development Center, Watanabe Clinic, Kanagawa /Japan

Dr. Paul Spicer, PhD, Professor of Anthropology, University of Oklahoma, Oklahoma, USA

Tee Garnett, MA, PhD (Candidate), Executive Lead and Strategic Advisor, Equity, Diversity and Inclusion, The Hospital for Sick Children, Ontario, Canada

Heidi Fjeldheim, Special advisor in Child and Adolescent mental health, RBUP, PhD (Candidate), Ahus & UiO, Centre for Child and Adolescent Mental Health, Eastern and Southern Norway, RBUP, University of Oslo, Department of Psychology, Akershus University Hospital, Viken, Norway

Session 3 - Emerging Issues in Infant Mental Health

Dr. Charles Zeanah, MD, Professor of Psychiatry and Pediatrics, Tulane University, Louisiana, USA

Session 4 - How Perinatal Health and Wellbeing Influence a Baby's Health and Wellbeing

Dr. Jovana (Joey) Martinovic, MD, FRCPC, Psychiatrist, Reproductive Life Stages Program, Fellowship and Faculty Development Lead, Department of Psychiatry, Women's College Hospital, Lecturer, University of Toronto

Dr. Riikka Korja, Professor, Psychology, Integrative Psychotherapist, Developmental Psychologist, University of Turku

Session 5 - The Culture of Modern Fathering

Dr. Hiram Fitzgerald, PhD, MA, BS, University Distinguished Professor Emeritus, Ecological / Community Psychology, Michigan State University, Department of Psychology college of Social Science, USA

Dr. Astrid Berg, President-Elect, WAIMH, Western Cape, South Africa

Dr. Geoffrey Brown, PhD, Developmental Psychology, Associate Professor, Department of Human Development and Family Science, University of Georgia, Georgia, USA

Session 6 - The Effects of Early Life Adversity on Child and Brain Development

Dr. Charles Nelson, PhD, Professor of Pediatrics and Neuroscience (Harvard Medical School), Professor of Education (Harvard University); Richard David Scott Chair in Pediatric Developmental Medicine Research, Boston Children's Hospital, Boston Children's Hospital, MA, USA

Session 7 - Building a Culture of Support and Strength Through Trauma-Informed Care

Dr. Sheri Madigan, PhD, R.Psych, Tier II Canada Research Chair, Associate Professor, University of Calgary, AB/Canada

Session 8 - Exploring Interventions Designed Specifically for Young Children and Their Families

Dr. Angelique Jenney, MSW, PhD, RSW, Associate Professor, Wood's Homes Research Chair in Children's Mental Health, Faculty of Social Work, University of Calgary, Alberta, Canada

Dr. Carole Anne Hapchyn, MD, FRCPC, Psychiatrist, ElmTree Clinic, Edmonton, AB, Canada

Professor Mark Tomlinson, PhD, Co-Director, Institute for Life Course Health Research, Stellenbosch University, Cape Town, South Africa

Session 9 - Supporting Young Children Exposed to Trauma and Loss

Dr. Joy Osofsky, PhD, Professor of Psychiatry and Pediatrics, Louisiana State University Health Sciences Center, New Orleans, LA, USA

Session 10 - The Relational Foundations of Reflective Practice and Reflective Parenting

Dr. Arietta Slade, PhD, Professor of Clinical Child Psychology, Yale Child Study Center, USA

Session 11 - Speaking the Unspeakable: Child-Parent Psychotherapy to Repair Trauma and Promote Secure Attachment

Dr. Alicia Lieberman, PhD, Professor, Psychiatry, UCSF Weill Institute for Neurosciences, School of Medicine, University of California, San Francisco, CA, USA

Session 12 - Reflective Family Play A Whole-Family Treatment Model for Infants and Younger Children

Dr. Diane Philipp, MD, FRCP(C), Staff Psychiatrist and Assistant Professor (clinical), SickKids Centre for Community Mental Health and The University of Toronto, ON, Canada

Session 13 - Global Perspectives on Infant Mental Health

Dr. Nandita Chaudhary, PhD, Retired Professor, University of Delhi, India

Dr. Anusha Lachman, MBCHB, FCPSYCH, MMED, MPHIL, Cert Child Psych, Child & Adolescent Psychiatrist, Head Of Clinical Unit, Tygerberg Hospital Child Psychiatry, Stellenbosch University, Cape Town, South Africa

Session 14 - Nurturing the Seed: A Collaborative Approach to Supporting Infant and Early Mental Health

Panel with Distinguished Guests

Moderator: **Dr. Chaya Kulkarni**, MEd, EdD, Director, Infant and Early Mental Health Promotion (IEMHP), the Hospital for Sick Children, Toronto, ON, Canada

Session 15 - Wrap Up: How Our Collective Understanding of Infant Mental Health Can Lead to changes in Practice, Research, and Policies

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